

Breakfast Oatmeal Surprise

2 cups quick-cooking oatmeal, uncooked

1/2 cup chopped dates or chopped dried apples (any dried fruit)

1/3 cup chopped pecans (skip nuts)

1/2 cup firmly packed brown sugar

1/2 teaspoon ground cinnamon

1/2 cup instant nonfat dry milk powder

Combine all ingredients in a heavy-duty, Sip-top plastic bag. To serve, pour boiling water over desired amount of oatmeal mixture, barely covering mixture. Stir and let stand 2 minutes. For thinner oatmeal, add more boiling water; to thicken, add more oatmeal mixture. Yield: 3 cups oatmeal mix.