

Chicken Taco Filling

This very popular recipe is all over the Internet with good reason. It is simple (three ingredients), easy (5 minutes of your time), delicious and versatile. Use this flavorful meat in soft tacos, hard tacos, nachos, burritos, salads, or almost anywhere.

- 1 packet taco seasoning (or 4 Tablespoons bulk taco seasoning)
- 1 cup chicken broth
- 1 pound boneless skinless chicken breasts

Dissolve taco seasoning into chicken broth. Place chicken breasts in crockpot and pour chicken broth over. Cover and cook on low for 6-8 hours.

With two forks, shred the chicken meat into bite-sized pieces. Use in soft tacos, hard tacos, burritos, nachos, etc.

To freeze, place shredded meat into freezer bags with the juices. Press out all the air and seal.