



40 Smith & Wesson

.400"	40/10mm TMJ® FN	40/10mm GDHP
Weight (grains)	155	155
Ballistic Coefficient	0.125	0.123
Sectional Density	0.138	0.138
COAL Tested	1.120"	1.120"
Speer Part No.	4399	4400

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Alliant Blue Dot	Speer	CCI 500	10.0	1113	11.0	1221
Alliant Power Pistol	Speer	CCI 500	8.0	1112	9.0	1213
Alliant Unique	Speer	CCI 500	7.2	1048	8.0	1207
Hodgdon H. Universal	Speer	CCI 500	6.2	995	7.0	1159
Hodgdon TITEGROUP	Speer	CCI 500	5.4	1011	6.2	1144
Accurate No. 5	Speer	CCI 500	7.9	956	8.7	1116
Winchester WSF	Speer	CCI 500	6.7	981	7.5	1090
Accurate No. 7	Speer	CCI 500	10.0	984	11.0	1089
Vihtavuori N350	Speer	CCI 500	6.8	858	7.6	1061
Winchester 231	Speer	CCI 500	5.8	867	6.5	1038
Hodgdon HS-6	Speer	CCI 500	7.3	786	9.0	1033
Alliant Bullseye	Speer	CCI 500	5.4	905	6.0	1023
Alliant American Select	Speer	CCI 500	5.0	931	5.6	1001
Accurate No. 2 Improved	Speer	CCI 500	5.8	840	6.5	956

WARNING: Improper handloading practices can result in serious personal injury and/or property damage. Refer to the current SPEER® Reloading Manual for handloading instructions. Be thoroughly familiar with those instructions before using these loads. As Vista Outdoor Operations LLC has no control over individual handloading practices or the condition of firearms in which the resulting ammo may be used, we disclaim all liability for any damages that may result from the use of this information.

Maximum loads should be used with CAUTION • C = Compressed Load



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.400"	40/10mm TMJ® FN	40/10mm GDHP
Weight (grains)	165	165
Ballistic Coefficient	0.135	0.138
Sectional Density	0.147	0.147
COAL Tested	1.120"	1.120"
Speer Part No.	4410	4397

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Alliant BE 86	Federal	Federal 100	6.0	1034	6.8	1144
Winchester AutoComp	Federal	Federal 100	5.8	992	6.6	1107
Vihtavuori N350	Speer	CCI 500	6.7	989	7.5	1106
Hodgdon CFE Pistol	Federal	Federal 100	5.4	951	6.4	1103
Winchester WSF	Speer	CCI 500	6.2	1007	6.8	1082
Alliant Power Pistol	Speer	CCI 500	7.0	978	7.8	1081
Hodgdon H. Universal	Speer	CCI 500	5.7	999	6.2	1074
Accurate No. 5	Speer	CCI 500	7.6	916	8.5	1067
Alliant Unique	Speer	CCI 500	6.2	882	7.2	1064
Hodgdon HS-6	Speer	CCI 500	8.0	1012	8.5	1060
Accurate No. 7	Speer	CCI 500	9.6	951	10.5	1041
Hodgdon TITEGROUP	Speer	CCI 500	5.0	957	5.4	1035
Alliant Sport Pistol	Federal	Federal 100	4.1	888	5.1	1033
Winchester 231	Speer	CCI 500	5.8	955	6.3	1031
Alliant Bullseye	Speer	CCI 500	5.3	949	5.8	1022

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.400"	40/10mm TMJ® FN	40/10mm GDHP
Weight (grains)	180	180
Ballistic Coefficient	0.143	0.143
Sectional Density	0.161	0.161
COAL Tested	1.120"	1.120"
Speer Part No.	4402	4406

Propellant	Case	Primer	START CHARGE		MAXIMUM CHARGE	
			Weight (grains)	Muzzle Velocity (feet/sec)	Weight (grains)	Muzzle Velocity (feet/sec)
Alliant BE 86	Federal	Federal 100	4.9	879	6.0	1026
Hodgdon Hi-Skor 700-X	Speer	CCI 500	5.0	953	5.5	1020
Alliant Blue Dot	Speer	CCI 500	8.0	922	8.9	1018
Alliant Power Pistol	Speer	CCI 500	6.2	890	7.2	1013
Winchester AutoComp	Federal	Federal 100	5.1	909	5.8	1011
Hornady CFE Pistol	Federal	Federal 100	5.0	911	5.7	1009
Alliant Unique	Speer	CCI 500	6.0	849	6.7	1000
Vihtavuori N350	Speer	CCI 500	6.2	804	6.9	987
IMR SR 7625	Speer	CCI 500	5.4	884	6.0	981
Accurate No. 7	Speer	CCI 500	8.7	895	9.7	972
Accurate No. 5	Speer	CCI 500	7.0	791	7.8	969
Vihtavuori 3N37	Speer	CCI 500	6.6	841	7.2	960
Hodgdon HS-6	Speer	CCI 500	7.3	786	8.2	942
Alliant Bullseye	Speer	CCI 500	4.9	783	5.5	929
Alliant Sport Pistol	Federal	Federal 100	3.8	829	4.4	919
Hodgdon Titegroup	Speer	CCI 500	4.0	793	4.7	917
Hodgdon H. Universal	Speer	CCI 500	5.3	802	5.9	904
Alliant American Select	Speer	CCI 500	4.3	770	5.1	865

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