.40 Smith & Wesson

The .40 S&W cartridge was developed in a joint venture between Smith and Wesson and Winchester Ammunition. The result was the most widely used cartridge for law enforcement today. When it was adopted by the FBI, the .40 S&W was guaranteed a place in the future of firearms manufacturing.



I have found the .40 S&W to be easily reloaded using the Barnes XPB bullets, with the data provided producing excellent results. In my testing, I found the new Barnes pistol bullets performed to the same high standards of accuracy and weight retention I have become accustomed to with Barnes Triple-Shock X rifle bullets. I experienced no feeding problems or malfunctions, but recommend using a good taper crimp die to insure optimum feeding. Loaded with Barnes XPB Bullets, the .40 S&W is a prime choice for both self defense and some limited hunting applications.

-Brandon Stone



Case: Winchester
Case Trim Length: .840 "
Twist Rate: 1:16"

Primer: WSP Barrel Length: 4"

*Use a taper crimp on the case mouth.

*The Barnes #40056 140-grain and #40055 155-grain XPB bullets both have a slight taper on the base to prevent bulging of the case wall once the bullet is seated. Only a slight amount of case mouth belling is needed prior to seating these bullets in the case.

.40 Smith & Wesson



140-grain XPB

Sectional Density .125 Ballistic Coefficient .128 C.O.A.L 1.135"

Suggested Bullet Use





Powder Brand	Minimum		Maximum	
	Charge (grains)	Velocity (fps)	Charge (grains)	Velocity (fps)
True Blue	5.2	872	5.8	969
Silhouette	5.5	932	6.1	1035
AA No. 5	5.7	873	6.3	970



155-grain XPB

Sectional Density .138
Ballistic Coefficient .189
C.O.A.L 1.135"

Suggested Bullet Use





Powder Brand	Minimum		Maximum	
	Charge (grains)	Velocity (fps)	Charge (grains)	Velocity (fps)
True Blue	4.2	730	4.7	811
Silhouette	4.4	774	4.9	860
AA No. 5	4.6	736	5.1	818
Longshot	5.1	939	5.6	1022