

.45 ACP

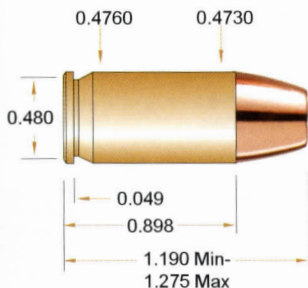
The .45 Automatic Colt Pistol (ACP) cartridge was introduced in 1911, along with the famous pistol John M. Browning designed for it. Firing massive 230-grain full-metal-jacketed bullets, this legendary man-stopper set the standard for combat handguns in WWI, WWII and subsequent conflicts. The GI ball round is ricochet-prone and tends to over-penetrate human targets. High-tech hollowpoints like the 185-grain XPB reliably expand up to a full inch in diameter. The .45 ACP currently ranks third in popularity behind the .40 S&W and 9mm for law enforcement and self-defense.



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Famed for inherent accuracy, the .45 ACP has its own category at Camp Perry. The round delivers relatively mild recoil for the power it provides. However, a steady diet of +P ammo will shorten a 1911's working life. Power, versatility and relative shooting ease make the .45 ACP a long-time handgunning favorite.

—Massad Ayoob



Case: Winchester
Case Trim Length: 0.888"
Twist Rate: 1:16"

Primer: WLP
Barrel Length: 5"

*Use a taper crimp on the case mouth.

*The Barnes #45185 185-grain XPB bullet has a slight taper on the base to prevent bulging case wall once the bullet is seated. Only a slight amount of case mouth belling is needed prior to seating the bullet in the case.

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185 -grain XPB

Sectional Density .130
Ballistic Coefficient .167
C.O.A.L 1.235"

Suggested Bullet Use



Powder Brand	Minimum		Maximum	
	Charge (grains)	Velocity (fps)	Charge (grains)	Velocity (fps)
AA No. 2	4.5	770	5.0	856
Zip	4.8	803	5.3	892
True Blue	5.6	773	6.2	859
Silhouette	6.1	844	6.8	938
AA No. 5	6.5	813	7.2	903
AA No. 7	8.1	827	9.0	919
Longshot	6.0	848	7.0	979

Maximum loads should be used with caution - Always Start With Minimum Loads.